



## Principles of Chinese Medicine: A Modern Interpretation: 2nd Edition

By Hai Hong

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As the world's most comprehensive and deeply researched system of alternative and complementary medicine, Chinese medicine enjoys a large following in scientifically developed communities. Yet its concepts and principles have been shrouded in mystery and obscure language. This path-breaking book strips this ancient science of its mystique and metaphysical pretensions and interprets it to strike common ground with biomedical science. Concepts like qi and meridians are interpreted not as physical entities, but as constructs to facilitate diagnosis and therapy using heuristic models. Written for medical professionals, philosophers of medicine and discerning readers interested in holistic therapies, the book offers a unique perspective of Chinese medicine in an advanced biomedical world. It has practical chapters on cardiovascular disease, irritable bowel syndrome and cancer, and a compilation of Chinese herbs. This second edition of the acclaimed *Theory of Chinese Medicine* has new material on chronic diseases and the intriguing possible convergence of biomedicine and TCM.

Readership: Medical professionals, both Western medical doctors and TCM practitioners; librarians of TCM professional associations and teaching institutes; scholars interested in the theoretical basis for Chinese medicine, and the informed general reader seeking to understand the rationale and applicability of Chinese medical therapies to enhance their health.

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## **Editorial Review**

### **Review**

*"Despite its efficacy in treating ailments (for some of which Western medicine offers no cure), traditional Chinese medicine (TCM) continues to be regarded with skepticism in the West. To a large extent, this is due to the fact that TCM practitioners have been unable to explain TCM theories using Western scientific categories. A TCM physician who was also trained in the philosophy of science at Cambridge and the London School of Economics, Hong Hai offers a fresh and at times iconoclastic interpretation of Chinese medicine. This is without doubt the most important contribution to the field in the modern era. At last, Chinese medicine makes sense. Surprisingly accessible, this work is a must read for doctors East and West."*  
-- Michael Tai, PhD (Cambridge), Research Associate, Cambridge University

*"This is a book which should not be missed by anyone with an interest in Chinese medicine."* -- Emeritus Professor Donald Gillies, Dept of Science and Technology Studies, University College, London

*"A fascinating book with special implications for medical professionals evaluating TCM as a genuine science and therapeutic armamentaria."* -- *The American Journal of Chinese Medicine*

*"I enjoyed reading the book and applaud the seriousness with which the author tackles the difficult problem of evaluating TCM and his recognition of the amount of work that still has to be done."* -- Professor Sir Geoffrey Lloyd, Needham Research Institute, Cambridge University

*"A scientific, historical, philosophical and at times unconventional interpretation of TCM. It is a refreshing read and highly recommended to anyone who wishes to explore and understand TCM better in order to improve and maintain one's health."* -- Dr Koh Hwee Ling, Associate Professor, Department of Pharmacy, National University of Singapore

*"The core of this book deals with the epistemological issues concerning the scientific status of medical conjectures in Traditional Chinese Medicine, very intelligently written and bringing to bear a great deal of common sense and good philosophy. There is much that is highly original in it."* -- Peter J Clark, Professor Philosophy, University of St Andrews

*"Lucid, brilliant explanation of the terminology and principles of TCM and its approach to the management of syndromes. This is a book that anyone with even the slightest interest in complementary medicine should read."* -- Dr Teoh Eng Soon MBBS, MD, FRCOG, FACS Gynecologist and former lecturer, NUS Medical School

*"Approaching the theories of traditional Chinese medicine from the perspectives of the contemporary philosophy of science, this book is an important contribution to both of these two fields. It has expanded the intellectual horizons to better understand traditional Chinese medicine."* -- Jing-Bao Nie, BMed, MMed, MA, PhD, Bioethics Centre, University of Otago

### **From the Inside Flap**

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## **Users Review**

### **From reader reviews:**

#### **Leta Welter:**

Spent a free time to be fun activity to complete! A lot of people spent their spare time with their family, or their own friends. Usually they undertaking activity like watching television, gonna beach, or picnic within the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? May be reading a book can be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to try look for book, may be the book untitled Principles of Chinese Medicine: A Modern Interpretation: 2nd Edition can be fine book to read. May be it may be best activity to you.

#### **Louis Watson:**

Principles of Chinese Medicine: A Modern Interpretation: 2nd Edition can be one of your beginner books that are good idea. We recommend that straight away because this publication has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort that will put every word into delight arrangement in writing Principles of Chinese Medicine: A Modern Interpretation: 2nd Edition nevertheless doesn't forget the main position, giving the reader the hottest as well as based confirm resource facts that maybe you can be one of it. This great information can easily drawn you into new stage of crucial contemplating.

#### **William Coker:**

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**Donna Cauley:**

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