



Nothing is Impossible: Reflections on a New Life

By Christopher Reeve

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Nothing is Impossible: Reflections on a New Life By Christopher Reeve

Christopher Reeve has mastered the art of turning the impossible into the inevitable. In these candid reflections, Reeve shows that we are all capable of overcoming seemingly insurmountable hardships. He teaches us that for able-bodied people, paralysis is a choice—a choice to live with self-doubt and a fear of taking risks—and that it is not an acceptable one. Reeve knows from experience that the work of conquering inner space is hard and that it requires some suffering—after all, nothing worth having is easy to attain. He asks challenging questions about why it seems so difficult—if not impossible—for us to work together as a society. *Nothing Is Impossible* reminds us that life is not to be taken for granted but to be lived fully with zeal, curiosity, and gratitude.

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Editorial Review

Amazon.com Review

A sequel of sorts to Reeve's bestselling memoir, *Still Me, Nothing is Impossible* is a concise, meditative companion to the earlier book. Each of its nine chapters is devoted to some aspect of successful living (humor, faith, hope) or addresses a major life issue (parenting, religion, recovery). Although Reeve draws on his experiences prior to his spinal chord injury in 1995, it's clear that his views on life have evolved dramatically in the seven years since. Clearly of most obvious value to those facing the challenges of physical paralysis, this book also serves as inspirational primer for otherwise able-bodied individuals who may be thwarted by mental rather than physical wounds. In addition to his personal message, Reeve is also a blunt proponent of medical insurance reform and government research funding, devoting a chapter to it here, as well as a significant portion of his nonprofit Web site, christopherreeve.org. --David Bombeck

From Publishers Weekly

Reeve (*Still Me*) offers a uniquely powerful audio message of hope on topics ranging from the controversial stem cell debate to the mind-body connection he credits with his recent physical improvements. Maintaining a composed tone and reassuring perspective, Reeve goes beyond mere narration to bare his darkest times in the ICU, his wish to commit suicide and his longing for normalcy, persuasively urging listeners, whether disabled or not, to expand outside their "comfort zones." After teaching his youngest son to ride a bicycle with only the power of his words, Reeve came to the realization that "being" is more important than doing, and that, as he tells new spinal cord injury victims, "life is worth living." Snippets from speeches, personal anecdotes and remarks from talk shows pepper the unabridged tape set, allowing Reeve easy transitions from such diverse issues as the inadequacies of health insurance to his ongoing search for spirituality and religion. But Reeve's truly inspirational path to survival is best reflected in his delightful sense of humor. When once asked how he holds it all together, he dryly replied: "duct tape." Simultaneous release with the Random House hardcover.

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From Library Journal

A man who has overcome actual paralysis tells us how to overcome its spiritual counterpart.

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Users Review

From reader reviews:

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