



Miracle Food Cures from the Bible

By Reese Dubin

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An ever-growing body of scientific research demonstrates the importance of holistic treatments that focus on the mind-body connection for good health. In this regard, the folk remedies of the ancient peoples often prove astonishingly effective. This practical guide helps readers apply the remarkable healing power of many of the foods and herbs described in the Old and New Testaments to common ailments. From the use of red wine to cure bacteria and viruses, to the arthritis-easing and wrinkle-removing properties of olive oil, this treasury of practical and inspirational healing secrets includes:

- The sacred medicinal drink that prevents blood clots, relieves pain, and melts fat off artery walls
- Real-life examples that demonstrate the curative power of plant oils, figs, grapes, red wine
- The amazing health-giving power of a blessed grain
- Information on how doctors and patients have treated canker sores, high blood pressure, tuberculosis, cancer, and heart disease

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Editorial Review

About the Author

Reese Dubin is a health researcher and writer whose five previous books include *Miracle Medicine Foods* (written under the pseudonym Rex Adams), all published by Prentice Hall. He lives in northern New Jersey.

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