



Be Love Now: The Path of the Heart

By Ram Dass, Rameshwar Das

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Ram Dass's long-awaited *Be Love Now* is the transformational teaching of a forty year journey to the heart. The author of the two-million-copy classic *Remember, Be Here Now* and its influential sequel *Still Here*, Dass is joined once more by Rameshwar Das—a collaborator from the *Love Serve Remember* audio recordings—to offer this intimate and inspiring exploration of the human soul. Like Deepak Chopra's *Book of Secrets*, the Dalai Lama's *Art of Happiness*, and Jon Kabat-Zinn's *Coming to Our Senses*, Ram Dass's *Be Love Now* will serve as a lodestar for anyone seeking to enhance their spiritual awareness and improve their capacity to serve—and love—the world around them.

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Be Love Now: The Path of the Heart By Ram Dass, Rameshwar Das Bibliography

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Editorial Review

From Booklist

Ram Dass first told the story of how he met his guru, Neem Karoli Baba, known as Maharaj-ji, in the now-legendary *Be Here Now* (1972). Ram Dass has been a spiritual teacher ever since, ceaselessly reflecting on his profound transformation in India four decades ago, especially in the wake of his debilitating stroke in 1997. In this vivid, often mind-blowing blend of spiritual memoir and teaching stories, written with his fellow devotee, Rameshwar Das, Ram Dass remembers his guru's baffling powers; candidly describes the tensions within the satsang, or "community of seekers," surrounding Maharaj-ji; and explains his arduous "inner work" as he practiced yoga, chanted mantras that work on both vibrational and conceptual planes, and opened his mind to the presence of "realized beings," including the Indian saints whose life stories he tells. Beneath the esoteric complexity is the spiritual essence, the unconditional love that Maharaj-ji channeled, the love that Ram Dass seeks to share with others. Love that "is like sunshine, a natural force, a completion of what is, a bliss that permeates every particle of existence." --Donna Seaman

Review

"A gift of love from the man who introduced me to the idea of higher consciousness and became one of my greatest teachers." (Dr. Wayne Dyer)

"It is a compelling text, chock full of history, teaching, and truth." (New Age Retailer)

"So many people are desperately searching for love, whether consciously or unconsciously. May Ram Dass' intimate and heartfelt account inspire others to find their own path of true love, compassion, and joyful service." (Thich Nhat Hanh, author of *Savor*)

"The awakening power of love shines on every page of this wonderfully inspiring book. With insight and engaging humor, Ram Dass shares with us a lifetime of spiritual practice. This book is a rare treat." (Joseph Goldstein, author of *A Heart Full of Peace*)

"If the West even approaches enlightenment in the 21st Century, there's no way to overestimate the role of Ram Dass in making it happen. He planted seeds that turned into a million trees; if and when they blossom, they will exude the fragrance of his teaching forever." (Marianne Williamson, author of *The Age of Miracles*)

"Read this delicious, ecstatic journey and be awakened, be pulled body and soul into the heart of love." (Jack Kornfeld, author of *A Path with Heart*)

"There is no one better than Ram Dass to transmit the essence of "Eastern" religion and philosophy to Westerners. He has made the journey and from the depth of his Joy and Wisdom he shares with us the journey of so many great Beings." (Krishna Das, *Kirtan Wala*)

"Offering a deeply personal yet universal exploration of what he has learned on his four-decade pilgrimage across cultures and religious traditions, Ram Dass shares powerful lessons on love..." (Spiritual Media Blog)

"His deeply personal and profound process of inner transformation—through his guru's "fierce grace" and a life of love and service—is told with characteristic candor and humor. Rich with teaching stories, *Be Love Now* is an invitation to open our hearts." (Yoga International)

“‘Be Love Now,’ like ‘Be Here Now,’ is equal parts memoir and manual of meditation. It’s hard to believe the two books are separated by more than 30 years. The writing in ‘Be Love Now’ is as fresh and charged with insight as the earlier one.” (Los Angeles Times)

“It is not exaggerating to say that Ram Dass (formerly known as Harvard psychologist Dr. Richard Alpert) inspired multiple generations of spiritual seekers. Be Love Now proves he continues to do so through writing, teaching and most importantly, by example.” (LA Yoga)

“You might say it took four decades to get from ‘Here’ to ‘Love.’ For Ram Dass, the journey can be measured more accurately in inches--from his head, to his heart.” (The Maui News)

“The celebrated teacher guides us through pitfalls and perils of our own spiritual journey.” (The Edge)

“Like Ram Dass’ earlier works, Be Love Now is amusing, eloquent, and wise; it’s a sublime addition to an already invaluable spiritual oeuvre.” (Yoga Journal)

From the Back Cover

Love is a state of being

One of America’s most beloved teachers, Ram Dass guides us through the pitfalls and perils of our own spiritual journey.

Users Review

From reader reviews:

Thomas Melendez:

Book is to be different for every single grade. Book for children until finally adult are different content. We all know that that book is very important for all of us. The book Be Love Now: The Path of the Heart ended up being making you to know about other understanding and of course you can take more information. It is extremely advantages for you. The reserve Be Love Now: The Path of the Heart is not only giving you considerably more new information but also to become your friend when you truly feel bored. You can spend your current spend time to read your reserve. Try to make relationship using the book Be Love Now: The Path of the Heart. You never feel lose out for everything should you read some books.

Antoine Dejean:

Hey guys, do you would like to finds a new book to see? May be the book with the subject Be Love Now: The Path of the Heart suitable to you? The actual book was written by famous writer in this era. Often the book untitled Be Love Now: The Path of the Heart is the main of several books that will everyone read now. This particular book was inspired lots of people in the world. When you read this e-book you will enter the new dimensions that you ever know just before. The author explained their thought in the simple way, thus all of people can easily to understand the core of this publication. This book will give you a wide range of information about this world now. To help you to see the represented of the world within this book.

Johnny Hoffman:

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Michael Brown:

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