



The Renaissance Soul: How to Make Your Passions Your Life?A Creative and Practical Guide

By Margaret Lobenstine

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The guide to leading a creative, passionate, and multifaceted life?big enough to embrace all your dreams

Are you unwilling to settle on doing just one thing “for the rest of your life”? Do you jump at the chance to learn something new?or, after achieving success in one field, find yourself yearning for new challenges and looking around for something different to do? If so, you may be a Renaissance Soul. *The Renaissance Soul* is the first book devoted to this personality type, and in this updated edition?in paperback for the first time? author Margaret Lobenstine offers a life-planning strategy perfectly in tune with those who fear becoming “a jack-of-all-trades and master of none.” Discover how to design a vibrant, fulfilling life and how to:

- Manage your time the Renaissance Soul way
- Thrive on many interests without feeling scattered or overwhelmed
- Pursue your passions even if they “don’t pay”
- Carry your dreams forward no matter what your day job is.

Stocked with creative, doable exercises, relevant resources, and interviews with successful Renaissance Souls, this is “one self-help book that is exactly as advertised, well thought out and offering sage advice” (*Boston Globe*).

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- Sales Rank: #96860 in Books
- Brand: The Experiment
- Published on: 2013-10-08
- Original language: English
- Number of items: 1
- Dimensions: 8.25" h x .88" w x 5.50" l, .70 pounds
- Binding: Paperback
- 336 pages



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Editorial Review

From Publishers Weekly

Some people just can't seem to settle down: they jump from career to career, from interest to interest; they chafe at being pinned down to one job or self-definition. This need for variety and love of finding new challenges, says career and life coach Lobenstine, can be a positive trait. Lobenstine's aim is to help such people find ways to pursue their varied interests without feeling overwhelmed. Her "focal point" strategy suggests picking a small number—usually four—of interests to pursue for now, interests that might be exchanged for others at a later time. And the author proposes various ways to integrate one's career into these focal points: if you're passionate about your work, it might be one focal point; for others it might be a way to pay the bills while they pursue other interests. One inexperienced older woman with a longstanding desire for a career in the art world found a clerical job at a museum, where she had access to curators and an opportunity to volunteer her graphic skills. Lobenstine has identified a situation rarely addressed by self-help books, and her advice is sensible, concrete and do-able.

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Review

“Lobenstine has identified a situation rarely addressed by self-help books, and her advice is sensible, concrete and do-able.”

—*Publishers Weekly*

“Here’s one self-help book that is exactly as advertised, well thought out and offering sage advice . . .”

—*Boston Sunday Globe*

“The perfect career- and life-crafting guidebook for innovative, creative, multipassionate individuals who were not made for the one-track traditional career. Help is at hand! No matter your life stage, here’s a book full of inspiration and practical information on how to create a life and career that fulfills your Renaissance soul.”

—*Swarthmore College Bulletin*

“Can’t decide which life or career path is right for you? Maybe you don’t have to! In *The Renaissance Soul*, Margaret Lobenstine offers inspiration, advice, and practical tips for people with more than one burning passion.”

—**Laurence Boldt**, author of *Zen and the Art of Making a Living*

“I’m so grateful this book has finally been written! I need, my clients need, the world needs this incredibly helpful, practical, life-changing guidebook for those of us with a multitude of passions and aptitudes. Please, get this book into the hands of every person you know who is a Renaissance Soul. You could change their lives!”

—**Jennifer Louden**, author of *Comfort Secrets for Busy Women* and other books in the bestselling Comfort Book series

“*The Renaissance Soul* will help highly innovative and creative people find ways to make their many dreams come true. I’ve already begun using its wonderful ideas and practices with clients.”

—**M. J. Ryan**, author of *This Year I Will*

“Wow! Where was *The Renaissance Soul* when I needed it during my five career changes? This is a fabulous guide for people who find themselves constantly tap dancing from job to job. Benjamin Franklin would be proud!”

—**Julie Jansen**, author of *I Don’t Know What I Want, But I Know It’s Not This*

“Sure to speak to Boomers and older people who have done many things well yet feel sidelined by a culture that rewards consistency and focus. Margaret Lobenstine makes the world safer for the multigifted of any age who are well served by her wit and wisdom. Bravo!”

—**Marika and Howard Stone**, coauthors of *Too Young to Retire: 101 Ways to Start the Rest of Your Life*

“*The Renaissance Soul* is welcome news for individuals who just can’t make up their mind ‘what they want to be when they grow up!’ Career coach Margaret Lobenstine shows how you can have it all and create a structure for yourself that blends your many talents, abilities, and intelligences into one vital and satisfying lifestyle.”

—**Thomas Armstrong, PhD**, author of *7 Kinds of Smart: Identifying and Developing Your Multiple Intelligences*

“Finally the multigifted have a champion. But anyone feeling that they only need a little sunshine in order to blossom will find this book bursting with light—it has all the creative and practical ideas they need for getting life on toward its purpose.”

—**Elaine Aron, PhD**, author of *The Highly Sensitive Person* and *The Highly Sensitive Child*

About the Author

Margaret Lobenstine founded Alternative Approaches, a career and life-coaching business, fifteen years ago and has worked with more than five thousand clients. A Renaissance Soul herself, she has created three successful—but entirely different—businesses. She lives with her husband in Amherst, Massachusetts.

Users Review

From reader reviews:

Eliseo Watkins:

The particular book *The Renaissance Soul: How to Make Your Passions Your Life?A Creative and Practical Guide* has a lot of information on it. So when you read this book you can get a lot of advantage. The book was published by the very famous author. Tom makes some research before write this book. This particular book very easy to read you may get the point easily after perusing this book.

Kristy Abrahams:

People live in this new time of lifestyle always try and and must have the extra time or they will get great deal of stress from both way of life and work. So , whenever we ask do people have spare time, we will say absolutely without a doubt. People is human not really a huge robot. Then we question again, what kind of activity do you possess when the spare time coming to anyone of course your answer will unlimited right. Then ever try this one, reading ebooks. It can be your alternative throughout spending your spare time, typically the book you have read is usually *The Renaissance Soul: How to Make Your Passions Your Life?A*

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Sandra Davis:

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