



# Health Psychology

By Catherine A. Sanderson

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The 2<sup>nd</sup> Edition of Catherine Sanderson's *Health Psychology* targets the mainstream health psychology market and offers a broad appeal through its narrative that is both challenging for psychology majors and accessible to non-majors. This book provides current and relevant information while providing a foundation in scientific research and critical and analytical thinking. The book emphasizes practical and real-world issues.

Additionally, this text includes a focus on current ethical issues in health; expanded coverage of international health; increased emphasis on critical thinking and analysis; coverage of specific topics such as complementary and alternative medicine, accidents as a cause of death, and the role of ethnicity and gender in influencing health behavior; an emphasis on practical information; and updated coverage of all material which is particularly important in the field of health psychology given the dramatic advances in knowledge about the factors that influence physical well-being during the last five years.

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