



But I Didn't Say Goodbye : For parents and professionals helping child suicide survivors

By Barbara Rubel

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The Introduction includes how this book is organized, how to read this book, who should read this book, and a note to the professional and parent. But I Didn't Say Goodbye is for the helping professional or parent as you try to help children in the aftermath of suicide. Part One presents Alex, a ten-year-old whose father has just died by suicide. Alex asks questions and tries to find meaning in the loss. At the end of the eight brief chapters in Part One, there are pages with STOP signs. The purpose of the eight Stop to process pages is to help the grieving child process his or her own story. Part Two offers information on setting up a memorial fund, and will help in your search for prevention and survivor support. To keep suicide survivor support group information updated, a toll-free number is given for groups in your area. Bereavement referrals include death education and grief counseling. The last part of this book includes recommended resources, bereavement magazines, newsletters, reports, journals, books and articles. Find videos, tapes, and a reading list that will help you continue your exploration of suicide awareness, prevention and bereavement.

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But I Didn't Say Goodbye : For parents and professionals helping child suicide survivors By Barbara Rubel Bibliography

- Sales Rank: #607825 in Books
- Brand: Brand: Griefwork Center Inc
- Published on: 2000-04-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 6.00" w x .25" l,
- Binding: Paperback
- 112 pages

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Editorial Review

Review

"A richly imaginative and innovative work that is solidly grounded and eminently readable . . ." -- *Rabbi Earl Grollman, D.H.L.;D.D., author with Max Malikow, Living When a Young Friend Commits Suicide*

"Barbara Rubel takes a very difficult topic and creates a manageable path ... to follow when helping the young suicide survivor." -- *Helen Fitzgerald, author, The Grieving Child, and The Mourning Handbook*

"This is an extraordinary resource to help children deal with the difficult often hidden and stigmatizing after effects of suicide." -- *Kenneth J. Doka, Ph.D., Professor of Gerontology, College of New Rochelle, NY, Senior Consultant, Hospice Foundation of America*

About the Author

Barbara Rubel is a nationally known consultant to mental health organizations, school systems, business, and parent groups across the United States. Ms. Rubel specializes in suicide survivor bereavement and has been working for the past twelve years developing her Caregivers Responding In Situations Involving Suicide Model (C.R.I.S.I.S. Model). Barbara has appeared on television, radio and is widely published. Through her workshops, in-service trainings, literature, and support groups, this certified pastoral bereavement counselor and certified bereavement specialist has reached millions who want to understand the unique and intensified grief of suicide survivors. Barbara Rubel's story is featured in an Emmy award winning 1998 PBS full length documentray, Fatal Mistakes, narrated by Mariette Hartley.

Users Review

From reader reviews:

Barbara Goodman:

This But I Didn't Say Goodbye : For parents and professionals helping child suicide survivors book is simply not ordinary book, you have it then the world is in your hands. The benefit you have by reading this book is actually information inside this book incredible fresh, you will get data which is getting deeper you actually read a lot of information you will get. This But I Didn't Say Goodbye : For parents and professionals helping child suicide survivors without we understand teach the one who examining it become critical in considering and analyzing. Don't always be worry But I Didn't Say Goodbye : For parents and professionals helping child suicide survivors can bring any time you are and not make your carrier space or bookshelves' grow to be full because you can have it in the lovely laptop even cell phone. This But I Didn't Say Goodbye : For parents and professionals helping child suicide survivors having fine arrangement in word in addition to layout, so you will not experience uninterested in reading.

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