



# True Path of the Ninja: The Definitive Translation of the Shoninki

By Antony Cummins

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**True Path of the Ninja: The Definitive Translation of the Shoninki** By Antony Cummins

*True Path of the Ninja* is the first authoritative translation in English of the *Shoninki*—the famous 17th century ninja training manual. Antony Cummins and Yoshie Minami worked closely with Dr. Nakashima Atsumi, author of the most comprehensive modern Japanese version of the *Shoninki*, thus making this English translation the closest to the original scrolls. The information and insights found in this translation are invaluable for understanding the skills, techniques and mentality of the historical ninja. Whether it involved tips for surviving in the wild, advice on intelligence-gathering techniques, or methods for creating chaos in the enemy camp, the *True Path of the Ninja* unveils secrets long lost.

Also included is the first written record of the oral tradition "Defense Against a Ninja" taught by Otake Risuke, the revered sensei of the legendary Katori Shinto Ryu school of swordsmanship. It reveals for the first time the traditional teachings on how the samurai can protect himself from the cunning wiles of a ninja.

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#### Review

"...the most excellent masterpiece of all the manuscripts on ninjutsu that have ever been written." —**Otake Risuke, Katori Shinto Ryu, Head Teaching Master, from his foreword**

"...every time you reread this book you will obtain a new perspective." —**Dr. Nakashima Atsumi, Translator of the *Shoninki* into modern Japanese**

"...the first definitive English-language translation of the "Shoninki." —**Metropolis**

#### About the Author

**Antony Cummins** is a world renowned ninja historian, whose works have included the translating of the most authentic ninja documents available to modern man. His background as an archaeologist and historian gives him a unique insight to the mysterious world of the ninja. A trained martial artist, he is the author of several books on ninja and martial arts, including: *Shinobi Soldiers* and *To Stand on a Stone: 50 Fundamental Principles of Martial Arts*.

**Yoshie Minami** has a B.A. degree in Linguistics from the International Christian University and is a member of the Historical Ninjutsu Research Team. She currently lives in Saitama, Japan.

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