



# The Ethics of What We Eat: Why Our Food Choices Matter

*By Peter Singer, Jim Mason*

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**The Ethics of What We Eat: Why Our Food Choices Matter** By Peter Singer, Jim Mason

Peter Singer, the groundbreaking ethicist whom The New Yorker calls the most influential philosopher alive teams up again with Jim Mason, his coauthor on the acclaimed *Animal Factories*, to set their critical sights on the food we buy and eat: where it comes from, how it is produced, and whether it was raised humanely.

The *Ethics of What We Eat* explores the impact our food choices have on humans, animals, and the environment. Recognizing that not all of us will become vegetarians, Singer and Mason offer ways to make healthful, humane food choices. As they point out: You can be ethical without being fanatical.

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### Editorial Review

#### Review

“An absolutely indispensable book for anyone who thinks about what they eat ... I cannot recommend it highly enough.” ?*Jeffrey Moussaieff Masson, author of When Elephants Weep and Raising the Peaceable Kingdom*

“... vital, urgent, and disturbing.” ?*Dorothy Kalins, New York Times*

“... clear and persuasive.” ?*Susan Salter Reynolds, Los Angeles Times*

“A no-holds-barred treatise on ethical consumption.” ?*Publishers Weekly*

#### About the Author

**Peter Singer**, the renowned philosopher and bioethicist, is the author of *Animal Liberation*, the classic work that helped launch the modern Animal Rights movement. He teaches at Monash University in Melbourne, Australia.

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