



Loving Sex: The book of joy and passion

By Laura Berman

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Sex in a loving relationship can be the deepest and most meaningful experience a couple can share and yet many couples find themselves too time starved and intimacy shy to enjoy it.

Helping couples to overcome these barriers, *Loving Sex* offers friendly, frank exploration of what sex means as part of a loving relationship, and how you and your partner can experience it to its full potential.

Written by *New York Times* bestselling author Dr. Laura Berman, *Loving Sex* explores a different aspect of sexuality, from the anatomy and physicality of arousal and orgasm, to the psychology of lust, love, and partnership. Free from unrealistic media representations of perfect bodies and pornstar practices, *Loving Sex* shows you the positions that work, helps resolve common problems without blame or embarrassment, and explains just how important sex can be to long-term loving happiness.

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Editorial Review

About the Author

Dr. Laura Berman is a bestselling author and renowned sex therapist, as well as America's leading expert in female sexual health. She is the founder and director of the Berman Center in Chicago, which specializes in sexual health and therapy, and she is assistant clinical professor of psychiatry and obstetrics/gynecology at the Feinberg School of Medicine at Northwestern University. Dr. Berman has appeared in the pages of nearly every major US magazine, including *Glamour*, *Elle*, and *Ladies' Home Journal*, as well as in the *New York Times* and *USA Today*. She has frequently appeared on radio and television, including the Today Show, the Oprah Winfrey Show, Fox News, and CNN.

For more information, see www.drlauraberman.com and www.bermancenter.com.

Users Review

From reader reviews:

Grace Moreno:

Spent a free time and energy to be fun activity to perform! A lot of people spent their sparetime with their family, or their friends. Usually they carrying out activity like watching television, likely to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Can be reading a book can be option to fill your free time/ holiday. The first thing you will ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the e-book untitled Loving Sex: The book of joy and passion can be excellent book to read. May be it can be best activity to you.

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