



A Guy's Guide to Being a Man's Man

By Frank Vincent, Steven Prigge

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These days, it's harder than ever to know how to act like a real man. We're not talking about the touchy-feely, ultra-sensitive, emotion-sharing, not-afraid-to-cry version of manhood that Oprah and Dr. Phil have been spouting for years. We're talking about the tough, smart, confident, charming, classy, all-around good fella that upholds the true ideal of what is known as "a man's man."

Now, renowned actor and true-life man's man Frank Vincent, famed for his unforgettable tough-guy roles in such classic films as *Raging Bull*, *Goodfellas* and HBO's *The Sopranos*, is going to show how any man can be all that he can be in love, work, play, and life. Everything you need to know is covered here, including, getting the best women by being the best man, dressing like a champ and taking on the world, winning big money and big respect in Las Vegas, selecting, smoking, and savoring a great cigar, and much more.

If you want to learn how to be a man's man, you gotta learn from a man's man. And with the great Frank Vincent vouching for you, you'll be on your way to getting everything you ever wanted outta life.

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Editorial Review

From Publishers Weekly

A man's man, according to actor Vincent, is "a jack of all trades, but also a master of all," who drinks only imported beer (that is, when he can't round up a fine scotch, a gin martini with three olives, or a glass of wine), wears cologne, owns a "tailored to perfection" tuxedo and can afford to own only designer clothes (those of Italian origin hold particular sway with Vincent, who's appeared in *The Sopranos* and *Goodfellas*). With one glance at the cover, most readers will be able to divine the majority of Vincent's guidelines, but there are a few surprises: recipes for lentil soup, the divination of a Fire & Ice rose and a brief passage on the virtues of monogamy. These, however, are couched in lessons on how to live life as if it were an audition for a bit-part in a gangster movie, told in predictably gauche prose. ("If you want to be a big dog, then don't play like a puppy.") Want to learn how to smoke a cigar? Order a martini? Appreciate wine? Talk your way into an exclusive club? It's all in here, but it's all been done before.

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Review

A light-hearted primer on old-school masculinity. -- *New York Daily News*

A primer for men on how to dress sharp, command respect, and appreciate the finer things in life. -- *Boston Herald*

Frank Vincent, the endlessly classy (and often terrifying) character actor's new book teaches you how to date, gamble, dress, eat and smoke with style. -- *Giant Magazine*

Offers sartorial tips and advice on entertaining, cigar-smoking, cooking and manly music and movies. -- *Newark Star-Ledger*

Sly, funny, and elegantly mocking of the saturated self-help market. -- *Total Film Magazine*

The book covers everything from dating, to smoking cigars, to dressing, to doing Las Vegas right, to treating women with respect. -- *The Bergen Record*

The official wiseguy's guide to being a man's man. -- *Player Magazine*

This tongue in cheek how-to book offers men advice on the finer things in life. -- *Cigar Aficionado*

Vincent is a believable authority on manliness. -- *The New York Times*

Want to learn how to smoke a cigar? Order a martini? Appreciate wine? Talk your way into an exclusive club? It's all in here. -- *Publishers Weekly*

About the Author

Frank Vincent is a veteran of over 50 films by some of the world's most respected directors, including *Raging Bull*, *Goodfellas*, *Do the Right Thing*, and *Casino*.

Steven Prigge is the co-author of the Italian-American celebrity cookbook *Shut Up and Eat!*, and the author

of *Movie Moguls Speak* and *Created By*. He also writes freelance articles for one of the most widely read food magazines in the world, *Bon Appetit*.

Users Review

From reader reviews:

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