



2 Second Lean: How to Grow People and Build a Fun Lean Culture

By Paul A. Akers

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2 Second Lean will flip your world right-side up. It's a practical way to improve your life every day by making a simple 2 second improvement. Join author, business expert, radio show host, and international speaker, Paul A. Akers, as he takes you on a LEAN journey that will transform every aspect your life... from your home to the office.

“Ten years ago I began my Lean journey. I had never even heard the word before, but what happened was nothing short of astounding. Lean thinking has propelled my business from a small operation in my garage into an international, multi-million dollar enterprise. Welcome to my world of Extreme Lean thinking. Once you have experienced the vast benefits of Lean, you will crave it, want it, and do anything to get it. Lean thinking has made an enormous difference in my life – personally and professionally.”

“This book is not intended for MBAs or those interested in manufacturing theory or flow charts. This book is intended to blast open the door of opportunity for people who want to improve their daily life, be it in their workplace or home. Lean is not as complicated

as all the experts and textbooks make it out to be. In fact, as you learn to incorporate a Lean approach to your life, you will see that the more Lean thinking you have in your life, the more you will enjoy life.” ~ Paul A. Akers

Read this book and be inspired by how easy and fun it can be. No flow charts or graphs – just the real life journey of one company and the astounding results Lean thinking can produce. Take a few hours, read 2 Second Lean and change your life!

What others are saying:

“Lean is not mean. It is the coming style of good management. Paul Akers explains how the system blurs the distinction – and soothes the frictions – between labor and management by enlisting the brainpower of all employees from the top to the bottom. Under Lean we are all management whether in the

private or the public sector, Karl Marx would never have approved!"
~Dick Morris, author of 8 New York Times Best Sellers, Fox News political analyst

"Paul Akers has built FastCap into an industry leader and one of the most exciting manufacturing companies in America. His innovative, thoroughly American use of Lean manufacturing principles and techniques has made him a top expert who is in high demand to speak to and teach his secrets to all kinds of organizations, from factories to hospitals to office environments. On my visit to FastCap, Paul's employees showed me several examples of how they have employed the 2 Second Lean principle to save time and money – usually saving a lot more than just two seconds! I'm a believer, and have incorporated many of Paul's strategies and principles into my own office's CQI process, helping me empower and motivate more than one thousand legal professionals and support staff to save our clients and taxpayers millions of dollars."

~Rob McKenna, Washington State Attorney General*

*Title is for identification purposes only and does not imply an endorsement by the Attorney General's Office or the State of Washington.

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Joseph Lafond:

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