



What Does Everybody Else Know That I Don't?: Social Skills Help for Adults with Attention Deficit/Hyperactivity Disorder

By Michele Novotni PhD, Randy Petersen

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What Does Everybody Else Know That I Don't?: Social Skills Help for Adults with Attention Deficit/Hyperactivity Disorder By Michele Novotni PhD, Randy Petersen

Focusing on social skills training for adults with attention deficit/hyperactivity disorders (AD/HD), this book offers solutions for tackling behavior that is often inattentive, impulsive, and hyperactive. Advice is given on how to handle common social problems such as manners, etiquette, communication, subtext, listening, and interpersonal relationships. The format of the book is designed for AD/HD learning styles and includes true stories, practical exercises, and tips that keep those with AD/HD reading. Adults with AD/HD learn how to identify behaviors in themselves that can cause problems in social relationships.

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Editorial Review

Review

“Strongly recommended for adults whose attentional problems have impacted upon their ability to understand and respond to everyday social signals.” —Richard Lavoie, host, *Last One Picked . . . First One Picked On*

About the Author

Michele Novotni, PhD, is a psychologist and the author of *Adult ADD*. She lives in Malvern, Pennsylvania. **Randy Petersen** lives in Westville, New Jersey.

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