



## The River Cottage Meat Book

By Hugh Fearnley-Whittingstall

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### The River Cottage Meat Book By Hugh Fearnley-Whittingstall

First published in the United Kingdom, THE RIVER COTTAGE MEAT BOOK quickly became an underground hit among food cognoscenti around the world. Now tailored for American cooks, this loving, authoritative, and galvanizing ode to good meat is one part manifesto on high-quality, local, and sustainable meat production; two parts guide to choosing and storing meats and fowl; and three parts techniques and recipes for roasting, cooking, barbecuing, preserving, and processing meats and getting the most out of leftovers. With this thought-provoking and practical guide, meat eaters can knowledgeably buy and prepare meat for better health and better living, while supporting the environment, vibrant local economies, and respectful treatment of animals.

- Already a sensation in the United Kingdom, this groundbreaking treatise on choosing and preparing meat is now available in the United States for the first time.
- Includes more than 100 recipes and more than 200 full-color photographs.
- Thoughtfully Americanized, with complete information about assorted cuts (including illustrations), production standards, and sources for buying and learning about meats in the United States.
- British edition has sold 150,000 copies.

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## The River Cottage Meat Book By Hugh Fearnley-Whittingstall Bibliography

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### Editorial Review

From Publishers Weekly

Fearnley-Whittingstall (*The River Cottage Cookbook*) runs a farm, on 60 acres of land in Dorset, England. His is a voice full of expertise and respect for nature. If it has walked on four legs, chances are the author has raised, slaughtered and/or eaten it. Thus, this densely constructed tome, first published in the U.K. in 2004, and now in a revised American edition, is worth most to those who know a good butcher. The sentiments are earnest, the mood a bit rainy and the recipes rustic. The first third of the book is dedicated to "Understanding Meat" and explores the different cuts of beef, lamb, pig and poultry. While the author abhors processed meats, he has nothing against offal and provides a comprehensive dissection of brains, lungs and stomach linings. The remaining pages are dedicated to the various ways of cooking meat, the copious rules to follow and hearty (at times primal) recipes that exemplify each technique. The fine section on roasting features a Loin of Lamb Stuffed with Apricots and Pine Nuts. For the brave slow cookers, there is Jugged Hare served in a sauce that contains bitter chocolate and the rabbit's blood. And the chapter on preserving covers not only bacon, but also Pigeon Pate and Preserved Goose Legs. (*July*)

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Review

James Beard Foundation 2008 Cookbook Awards: Cookbook of the Year Award!

James Beard Foundation 2008 Cookbook Awards: Single Subject Category Winner!

"Droll, learned Hugh Fearnley-Whittingstall has done the meat-eating world a big favor with *The River Cottage Meat Book* . . . The perfect book for mindful carnivores."—*Boston Globe*

"Fearnley-Whittingstall confronts both the moral and gustatory issues surrounding carnivorism and provides 150 excellent recipes."—*New York Newsday*

"Fearnley-Whittingstall asks us to take grown-up moral responsibility for the act of eating meat—certainly enough responsibility to inquire about how the animal lived and died. All this is spelled out at fervent (and deserved) length before we get near a bit of cooking instruction. Luckily, Mr. Fearnley-Whittingstall turns out to be as zealous a cook as he is a reformer, equally able to appreciate the simplicity of Irish stew or a good beefburger, or to lead people through the intricacies of pork pie or cider-cured ham."—*New York Times*

"Those who find that calves' livers and pig's trotters are best contemplated at a distance should keep well away from Hugh Fearnley-Whittingstall. Those of us with the opposite problem worship him as a god. This is not a case of macho posturing over a barbecue pit: There is more cooking know-how in Fearnley-Whittingstall's little finger than you will find in the graduating class of any cooking school in the country. His book is stuffed with wit, erudition, and one slow-cooked, lovingly constructed recipe after another."—NPR.org Holiday 2007

One of the Year's Best Cookbooks: "Hugh Fearnley-Whittingstall is a brilliant, argumentative British cook and food writer . . . his recipes happen to be terrific."—*Gourmet*

#1 Cookbook of the Year—Amazon Editor's Picks in Cooking—Food & Wine

100 to Taste List—*Food & Wine*

“This is one to read and cook from during barbecue season—and to get inspired by the rest of the year.”—*Bon Appetit*

“A book to help us truly understand the philosophical and pragmatic aspects of the meat on our table.”—*Boston Globe*

“The ultimate reference for the serious carnivore.”—*New York Daily News*

“This guy gets physical with meat . . . A trencherman's manual of meat that includes recipes—from down-home steak-and-kidney pie to more exalted fare like a salad of seared pigeon breast with pan-juice vinaigrette—and graphic how-tos on buying and butchering, plus answers to questions you maybe never asked . . . More than you can digest? No doubt. More than you want? No way. Fearnley-Whittingstall's down-in-the-trenches humor and tone of earthy authority keep you coming back for another slice.”

—*Forbes*

“His big, impressive meat book . . . has now been Americanized . . . Fearnley-Whittingstall is passionate and opinionated but not heavy-handed, and his sense of humor is evident throughout . . . A good companion to Fergus Henderson's *The Whole Beast*, this unique title will be important as both a reference and a cookbook.”—*Library Journal* Starred Review

“Hugh Fearnley-Whittingstall believes that the animals we eat deserve respect, both for their sake and ours.”—*Conde Nast Traveler*

#### From the Publisher

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### Users Review

#### From reader reviews:

##### **Linda Porter:**

Reading a guide can be one of a lot of task that everyone in the world likes. Do you like reading book thus. There are a lot of reasons why people fantastic. First reading a e-book will give you a lot of new facts. When you read a publication you will get new information since book is one of a number of ways to share the information as well as their idea. Second, reading a book will make anyone more imaginative. When you studying a book especially hype book the author will bring you to definitely imagine the story how the personas do it anything. Third, it is possible to share your knowledge to some others. When you read this The River Cottage Meat Book, you are able to tells your family, friends in addition to soon about yours publication. Your knowledge can inspire the others, make them reading a e-book.

##### **Harry Keller:**

Reading a publication tends to be new life style on this era globalization. With looking at you can get a lot of

information that can give you benefit in your life. With book everyone in this world can share their idea. Books can also inspire a lot of people. A lot of author can inspire their particular reader with their story or perhaps their experience. Not only the storyplot that share in the ebooks. But also they write about the ability about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors on earth always try to improve their talent in writing, they also doing some exploration before they write for their book. One of them is this The River Cottage Meat Book.

**Peggy Gillman:**

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**Ronald Tanaka:**

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