



The Herbal Medicine-Maker's Handbook: A Home Manual

By James Green

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THE HERBAL MEDICINE-MAKER'S HANDBOOK is an entertaining compilation of natural home remedies written by one of the great herbalists, James Green, author of the best-selling THE MALE HERBAL. Writing in a delightfully personal and down-home style, Green emphasizes the point that herbal medicine-making is fundamental to every culture on the planet and is accessible to everyone. So, first head into the garden and learn to harvest your own herbs, and then head into your kitchen and whip up a batch of raspberry cough syrup, or perhaps a soothing elixir to erase the daily stresses of modern life.

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Editorial Review

About the Author

JAMES GREEN is the founder of Simplers Botanical Company and is a professional founding member of the American Herbalists Guild and United Plant Savers. He conducts workshops on male health and herbal medicine making throughout the United States and Canada. He lives in Ocean Beach, California.

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