



1-2-3 Magia: Disciplina Efectiva para Niños de 2 a 12 (Spanish Edition)

By Thomas Phelan

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Based on the bestselling parenting book *1-2-3 Magic*? now in Spanish!

The #1 child discipline book

Tratando la disciplina con humor y práctico, este programa bien probada presenta pasos sencillos para disciplinar a los niños de dos a 12 años sin discutir, gritar, y azotar. Los padres aprenden como confrontar los seis tipos de manipulación y pruebas y descubren los 10 pasos para estimular la autoestima de sus hijos. Este libro premiado guía a los padres como responder al comportamiento malo con razón, paciencia, y compasión.

"1-2-3 Magic made parenting fun again."

"I highly recommend this book to any parent who is spending more time yelling at or nagging their children than smiling at and laughing with them."

"All I have to say is that the ideas in this book really WORK! It really is like magic!"

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1-2-3 Magic allows you to get back in charge of your home and enjoy your kids again by helping you set limits for your children, and by breaking down the complex task of parenting into three straightforward steps:

1. Controlling Obnoxious Behavior: Learn an amazingly simple technique to get the kids to STOP doing what you don't want them to do (whining, arguing, tantrums, sibling rivalry, etc.)
2. Encouraging Good Behavior: Learn several effective methods to get your kids to START doing what you want them to do (picking up, eating, going to bed?and staying there!, chores, etc.)
3. Strengthening Your Relationships: Learn powerful techniques that reinforce the bond between you and your children.

You'll find tools to use in virtually every situation, including advice for common problems such as:

- Whining
- Sibling rivalry
- Reluctance to do chores
- Refusing to go to bed or getting up in the middle of the night
- Talking back
- Stubbornness

For years, millions of parents from all over the world have used the award-winning 1-2-3 Magic program to help them raise happier, healthier families and put the fun back into parenting.

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Editorial Review

About the Author

Dr. Thomas W. Phelan is an internationally renowned expert, author, and lecturer on child discipline and Attention Deficit Disorder. A registered Ph.D. clinical psychologist, he appears frequently on radio and TV. Dr. Phelan practices and works in the western suburbs of Chicago.

Users Review

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