



## Understanding Venous Reflux the Cause of Varicose Veins and Venous Leg Ulcers (College of Phlebology)

*By Mark S. Whiteley*

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### **Understanding Venous Reflux the Cause of Varicose Veins and Venous Leg Ulcers (College of Phlebology) By Mark S. Whiteley**

Almost 1 in 2 people suffer from problems with leg veins - so if you don't have them then someone close to you will. Venous reflux (the major cause of leg vein problems) can cause tired or aching legs, swollen or itchy ankles. Many people suffering from venous reflux are unaware of the problem, until they develop unsightly varicose veins, thread veins, venous eczema or venous leg ulcers. Many doctors and nurses are not aware of the new information available and still treat their patients inappropriately with creams, bandages or support stockings. "Understanding Venous Reflux - the cause of varicose veins and leg ulcers" has been written by Mark Whiteley, an internationally renowned vein expert. With clear explanations, illustrated by over 50 easy-to-follow diagrams, this book makes the understanding of venous reflux - the underlying cause of varicose veins and most venous problems (such as thread veins, venous leg ulcers, venous eczema, discoloured ankles, etc.) - accessible to most readers, helping them decide on what treatment they should seek. For medical and nursing students, as well as all doctors, nurses and other health care workers who deal with legs and leg vein problems, this is an essential text.

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