



Dr. Patrick Walsh's Guide to Surviving Prostate Cancer, Second Edition

By Patrick C. Walsh, Janet Farrar Worthington

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EVERY MAN NEEDS THIS BOOK!

Each year, more than 200,000 American men are diagnosed with prostate cancer. The good news is that more men are being cured of this disease than ever before.

Now in a revised second edition, this lifesaving guide by Dr. Patrick Walsh and award-winning science writer Janet Farrar Worthington offers a message of hope to every man facing this illness. Prostate cancer is a different disease in every man--which means that the right treatment varies for each man. Giving you a second opinion from the world's top experts in surgery, pathology, urology, and radiation and medical oncology, this book helps you determine the best plan for you. Learn:

- What causes prostate cancer--your risk factors, including heredity, diet, and environment
- How some simple changes in your diet and lifestyle can help prevent or delay the disease
- Why the digital rectal exam and PSA test can save your life--and when to get these tests
- The latest treatment options: from Dr. Walsh's "nerve-sparing" radical prostatectomy to new radiation techniques, laparoscopic procedures, and new drugs that are revolutionizing treatment of advanced cancer
- The most effective methods for maintaining continence and potency after treatment.

"The ultimate book on the No. 1 men's disease in the world...should be in every man's home." --*USA Today*

"Comforting, encouraging...a must-read for women, men, and families...tells you everything you need to know." --*Elizabeth Dole*

"Dr. Walsh is widely regarded as the nation's finest prostate surgeon...Very current...thoroughgoing primer on the disease, full of accessible but detailed explanations." --*Washington Post*

Patrich C. Walsh, MD, the world's foremost authority on prostate cancer, is the Distinguished Service Professor of Urology at the Brady Urological Institute of the The Johns Hopkins Medical Institutions in Baltimore, Maryland. Dr. Walsh was honored as the 2007 National Physician of the Year for Clinical Excellence by *Americas Top Doctors*.

Janet Farrar Worthington is an award-winning science writer.

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