



## Becoming an Emotionally Focused Couple Therapist: The Workbook

By Susan M. Johnson, Brent Bradley, James L. Furrow, Alison Lee, Gail Palmer, Doug Tilley, Scott Woolley

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An invaluable tool for clinicians and students, *Becoming an Emotionally Focused Therapist: The Workbook* takes the reader on an adventure – the quest to become a competent, confident, and passionate couple and family therapist. In an accessible resource for training and supervision, seven expert therapists lead the reader through the nine essential steps of EFT with explicit intervention strategies. Suitable as a companion volume to *The Practice of Emotionally Focused Couple Therapy, 2<sup>nd</sup> Ed.* or as a stand-alone learning tool, the workbook provides an easy road-map to mastering the art of EFT with exercises, review sheets and practice models. Unprecedented in its novel and interactive approach, this is a must-have for all therapists searching for lasting and efficient results in couple therapy.

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## **Editorial Review**

### **Review**

*"As a certified EFT therapist/supervisor, I found this workbook very informative and useful, with numerous examples of client scenarios and clinical interventions. The exercise questions are both pertinent and stimulating. This workbook can serve as supplementary material for small group discussions, role-play practice, and homework assignments when training EFT therapists." - Ting Lui in **Journal of Couple and Relationship Therapy, Vol. 5, No.4.***

## **Users Review**

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#### **Jeremiah Burroughs:**

Here thing why that Becoming an Emotionally Focused Couple Therapist: The Workbook are different and dependable to be yours. First of all reading a book is good but it really depends in the content than it which is the content is as delicious as food or not. Becoming an Emotionally Focused Couple Therapist: The Workbook giving you information deeper since different ways, you can find any reserve out there but there is no e-book that similar with Becoming an Emotionally Focused Couple Therapist: The Workbook. It gives you thrill studying journey, its open up your own eyes about the thing this happened in the world which is maybe can be happened around you. It is easy to bring everywhere like in park, café, or even in your way home by train. If you are having difficulties in bringing the imprinted book maybe the form of Becoming an Emotionally Focused Couple Therapist: The Workbook in e-book can be your option.

#### **Walter Gagne:**

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#### **Aurelio Ashley:**

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