



# The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life

By Linda Eyre, Richard Eyre

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By Linda Eyre, Richard Eyre

"Communicating with your children is at the very heart of parenting. Linda and Richard Eyre continue to reach out to parents with sage advice on nurturing the family's value system. Make a conscious decision to plug into your kid's world. You may not be the only influence in your child's life, but you have to be the biggest."--Dr. Phil McGraw, #1 *New York Times* best-selling author and host of the TV show *Dr. Phil*

"The Eyres have created a beautiful new language of natural, nurturing symbols that allow parents and children to communicate in a new and effective way. A truly remarkable book which 'strikes at the root.'"--Stephen R. Covey, Author of *The 7 Habits of Highly Effective People* and *The 7 Habits of Highly Effective Families*

"Nurturing is not just for parents. Aunts, uncles, grandparents, or anyone who loves a child needs to read this book."--Jane Clayson, *ABC News* Correspondent

"Mothers have traditionally been the key nurturers in their children's lives. The Eyres' 'natural' approach to principle-centered parenting opens exciting new ways for all of us to nurture family relationships."--Marcia Ford, President, American Mothers Association

**The #1 bestselling authors of *Teaching Your Children Values* show parents how to develop a nurturing environment for their children**

All parents want to teach their children good values. But beneath that desire lies a greater need--for a bond of love and trust that keeps children safe, and lets parents participate more fully in their children's lives.

Linda and Richard Eyre, hosts of a monthly segment on the "CBS Early Show," help parents accomplish this in *The Book of Nurturing*, presenting tools for developing family relationships and turning a house into a home.

They have crafted nine powerful lessons based on stories and parables that can preserve family values and give children a sense of worth and self-esteem, based

on:

- Commitment
- Praise, support, and positive affirmation
- Responsibility
- Awareness
- Communication
- Discipline (tough love)
- Consistency
- Security and identity
- Freedom and empowerment

Parents will recognize the wisdom of the nine natural laws and will appreciate the workability of the ideas and application methods. Children will love the images of animals and nature and will feel included and responsive to their parents' initiatives. In a sense, this is a whole new genre of parenting book--written both for parents and for children, giving them a common language of symbols that they can share and use together to build their relationships and strengthen their family.

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### **Editorial Review**

From the Back Cover

Linda and Richard Eyre have enjoyed enormous success with their book *Teaching Your Children Values*, the first parenting book since Dr. Spock's *Baby and Child Care* to top the *New York Times* Bestseller list. While the Eyres' book generated an overwhelmingly positive response from families, the authors received letters from parents asking for help in putting the book's principles into practice.

These parents were discouraged by the lack of warmth in their relationships with their children. Many said of their kids, "We don't communicate. They don't listen to me." Other explained, "My kids are never around. They'd rather be anywhere but home." It became evident that a lack of connection between parents and their children was an increasingly common problem that could eat away at a family's happiness.

The Eyres quickly saw the need for a "prequel" built on the concept that before parents can teach their children values, they first need to establish a safe, understanding, and caring environment where parents and children participate equally. *The Book of Nurturing* gives parents what they need most--tools that can set the dream of respectful and trusting family relationships, as well as principles that will turn a house into a home.

These vital tools are given in nine simple, powerful lessons that can protect and preserve families and give children a sense of worth and self-esteem. With a unique blend of insight and imagination, the Eyres have couched each lesson in a memorable animal story that illustrates the lesson in practice. The nine lessons include:

- Commitment
- Praise, support, and positive affirmation
- Responsibility
- Awareness
- Communication
- Discipline (tough love)
- Consistency
- Security and identity
- Freedom and empowerment

The fables used to explain these principles create a language of symbols, which makes it easier for both parents and children to remember the lessons when they're most needed. As each principle is integrated into the general dynamics of family life, both parents and children will contribute to the building of a happier, healthier family that everyone dreams of.

**Transform a house into a loving home with the help of the #1 bestselling authors of *Teaching Your Children Values***

Every parent wants to teach his or her children good values. But beneath that desire lies a greater need--for a bond of love and trust that keeps their children safe, and lets parents participate more fully in their children's lives. In *The Book of Nurturing*, Linda and Richard Eyre, parenting experts on the "CBS Early Show," present parents with tools for developing healthy and happy family relationships.

These tools are embodied in nine powerful lessons which, when practiced consistently, help to preserve family values and give children a sense of worth and self-esteem. Illustrated by examples drawn from nature, *The Book of Nurturing* gives the family a common language of symbols that they can use to build and strengthen the relationships that bring a family together.

Along with these stories, *The Book of Nurturing* also includes:

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Poignant stories that illustrate the principles in action

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Heartfelt advice distilled from letters from over one million readers

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Specific examples of actions to take

With insight, compassion, and understanding, Linda and Richard Eyre show parents ways to increase the strength and stability in family relationships, creating the kind, nurturing home every parent and child desires.

About the Author

**Linda and Richard Eyre** are the husband-and-wife team behind the #1 bestseller *Teaching Your Children Values*, as well as the founders of Values Parenting, the organization that grew from the book's outstanding success. They are also hosts of a monthly segment on the "CBS Early Show."

## Users Review

**From reader reviews:**

**Hector Naranjo:**

The book *The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life* can give more knowledge and information about everything you want. Exactly why must we leave a very important thing like a book *The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life*? Several of you have a different opinion about reserve. But one aim in which book can give many facts for us. It is absolutely suitable. Right now, try to closer together with your book. Knowledge or data that you take for that, you could give for each other; you are able to share all of these. Book *The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life* has simple shape but you know: it has great and large function for you. You can appearance the enormous world by open up and read a reserve. So it is very wonderful.

**Jacob King:**

Information is provisions for people to get better life, information these days can get by anyone from everywhere. The information can be a expertise or any news even a problem. What people must be consider

any time those information which is inside former life are difficult to be find than now's taking seriously which one would work to believe or which one the resource are convinced. If you have the unstable resource then you have it as your main information you will have huge disadvantage for you. All of those possibilities will not happen throughout you if you take The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life as the daily resource information.

#### **Christine Erhart:**

Reading can called mind hangout, why? Because when you find yourself reading a book specially book entitled The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life the mind will drift away trough every dimension, wandering in each and every aspect that maybe unknown for but surely can become your mind friends. Imaging every single word written in a reserve then become one application form conclusion and explanation that maybe you never get prior to. The The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life giving you one more experience more than blown away your head but also giving you useful data for your better life within this era. So now let us demonstrate the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

#### **Suzanne Mitchell:**

This The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life is brand new way for you who has intense curiosity to look for some information given it relief your hunger of information. Getting deeper you in it getting knowledge more you know or perhaps you who still having little bit of digest in reading this The Book of Nurturing : Nine Natural Laws for Enriching Your Family Life can be the light food for you because the information inside this book is easy to get through anyone. These books build itself in the form which can be reachable by anyone, sure I mean in the e-book form. People who think that in book form make them feel tired even dizzy this guide is the answer. So there is absolutely no in reading a book especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss the item! Just read this e-book kind for your better life and also knowledge.

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