



# A Philosophy of Pessimism

*By Stuart Sim*

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## A Philosophy of Pessimism By Stuart Sim

There are many reasons to despair over the state of the world today: climate change, war, terrorism, social injustice, and an utter failure by our political systems to fix them. Yet there will always be those frustrating optimists who counter such an outlook by citing developments such as modern medicine, democracy, and the global internet as signs that things are, and always have been, on the up and up. This book locks those people in a separate room, shattering their rose-colored glasses to show the tremendous value in keeping the dark side of human affairs at the forefront of our consciousness.

Stuart Sim starts with the proposition that pessimists simply have a more realistic world view. Tracing how pessimism has developed over time and exploring its multifaceted nature, he shows that many thinkers throughout history—including philosophers, theologians, authors, artists, and even scientists—have been pessimists at heart, challenging us to face up to the desperations that define human existence. Spanning cultures and moving across eras, he assembles a grand discourse of pessimism. Ultimately he offers the provocative argument that pessimism should be cultivated and vigorously defended as one of our most useful and ever-relevant dispositions.

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### Review

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*(Times Literary Supplement)*

“Sim offers a thoughtful and well-articulated sampling of pessimism in western culture . . . expansive, compelling, and thought-provoking.”

*(Hans Rollman PopMatters)*

### About the Author

**Stuart Sim** is former professor of critical theory at Northumbria University, Newcastle, and a Fellow of the English Association. He is the author of many books, most recently *The End of Modernity*, *Addicted to Profit*, and *Fifty Key Thinkers in Postmodernism*.

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