



The Food of Morocco

By Paula Wolfert

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“A cookbook by Paula Wolfert is cause for celebration. Ms. Wolfert may be America’s most knowledgeable food person and her books are full of insight, passion and brilliance.”

—Anthony Dias Blue, CBS Radio, NY

“I think she’s one of the finest and most influential food writers in this country...one of the leading lights in contemporary gastronomy.”

—Craig Claiborne

Paula Wolfert, the undisputed queen of Mediterranean cooking, provides food lovers with the definitive guide to *The Food of Morocco*. Lavishly photographed and packed with tantalizing recipes to please the modern palate, *The Food of Morocco* provides helpful preparation techniques for chefs, home cooks, and any serious student of the culinary arts and culture. This is the perfect companion to Wolfert’s classic, *Couscous and Other Good Food from Morocco*—a 2008 inductee into the James Beard Cookbook Hall of Fame—and fans of Claudia Roden, Elizabeth David, Martha Rose Schulman, and Poopa Dweck will be delighted by this extraordinary culinary journey across this colorful and exhilarating land.

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The Food of Morocco By Paula Wolfert Bibliography

- Sales Rank: #88874 in eBooks
- Published on: 2011-12-20
- Released on: 2011-12-20
- Format: Kindle eBook

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Editorial Review

Review

There is no book on the food of Morocco as good as this one Claudia Roden My Moroccan bible -- Yotam Ottolenghi Paula Wolfert is perhaps the single most influential cook and author among the professional chefs of my generation Mario Batali Every time we open one of Paula's books we are inspired Sam & Sam Clark Resplendent Sunday Telegraph Definitive House and Garden It's a rare writer who can marry erudition with accessibility, but Paula's obvious love for the country makes every page a delight Delicious Magazine Fabulous pics and authentic recipes -- Elisabeth Luard Scotsman Heavenly Metro

From the Back Cover

Paula Wolfert's name is synonymous with revealing the riches of authentic Mediterranean cooking, especially the cuisine of Morocco. In *The Food of Morocco*, she brings to bear more than forty years of experience of, love of, and original research on the traditional foodways of that country. The result is the definitive book on Moroccan cuisine, from tender Berber skillet bread to spiced harira (the classic soup made with lentils and chickpeas), from chicken with tangy preserved lemon and olives to steamed sweet and savory breast of lamb stuffed with couscous and dates. The recipes are clear and inviting and infused with the author's unparalleled knowledge of this delicious food. Essays illuminate the essential elements of Moroccan flavor and emphasize the accessibility of once hard-to-find ingredients such as saffron, argan oil, and Moroccan cumin seed.

Lavishly photographed in full color, *The Food of Morocco* not only showcases Wolfert's tantalizing recipes but also evokes Morocco in all its timeless splendor and mystery: its markets with their lush produce, its dazzling textiles and intricate mosaic tiles, its communal ovens and ancient souks, and of course its people, from Marrakech to Tangier. A labor of love four decades in the making, *The Food of Morocco* is a once-in-a-lifetime book of uncommon scope and authenticity, an essential work for every serious cook, anyone interested in Moroccan cuisine, and discerning armchair travelers alike.

About the Author

Paula Wolfert is an expert on Mediterranean food and the author of nine cookbooks, including *The Food of Morocco*, *Mediterranean Clay Pot Cooking*, *The Slow Mediterranean Kitchen*, and *The Cooking of Southwest France*. Wolfert has won the James Beard Award, the Julia Child Award, the M. F. K. Fisher Award, and the Tastemaker Award, and was a finalist for the André Simon Award. A regular columnist for *Food & Wine*, Wolfert lives in Sonoma, California.

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Carey Gilliam:

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