



The Complete Idiot's Guide to Clear Thinking

By Joe LoCicero, Richard J. LoCicero M.D., Kenneth A. LoCicero Ph.D.

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Thinking is a skill ... here's how to master it!

Every day, people are faced with problems to solve and decisions to make. And the best results come when they can think clearly—a skill that can be developed with the right guidance. This illuminating guide uses creativity, psychology, and physiology to show readers how to become great thinkers. Readers will learn how to make the most of their brains, from making informed choices and determining personal beliefs, to expressing oneself, exercising mental muscles, and keeping sharp.

-Aimed at everyone from school age to old age
-Includes mind teasers throughout—word problems, analogies, puzzles, and more—as well as points to ponder, age-old (and current) questions, and ideas that continue to warrant discussion

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Editorial Review

About the Author

Joe LoCicero is an author, marketing consultant, and network publicist. His column appears in the national magazine *Y'ALL: The Magazine of Southern People*. A hematologist/oncologist, Richard J. LoCicero, M.D., is head of the Longstreet Clinic in Gainesville, Georgia, and medical director for the community's Premier Hospice. He has been widely published in academic journals. Ken LoCicero, Ph.D., an adjunct professor of philosophy at Georgia State University, has served as a counselor at AT&T's employee assistance program, Atlanta Medical Center, and Charter Hospital. He now holds a leading position for one of the nation's most respected peer-to-peer medical communications firms.

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