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By Bill Phillips

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Body for Life Success Journal By Bill Phillips Bibliography

- Sales Rank: #30686 in Books
- Brand: William Morrow
- Published on: 2002-11
- Released on: 2002-11-26
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.19" h x .25" w x 7.25" l, 2.30 pounds
- Binding: Spiral-bound
- 312 pages

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Editorial Review

About the Author

Bill Phillips is the founder and editor in chief of *Muscle Media*® magazine and the creator of EAS (Experimental and Applied Sciences). Michael D'Orso is the coauthor of *Walking With the Wind: A Memoir of the Movement* and *Winning With Integrity: How to Get What You Want Without Selling Your Soul*.

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