



Human Development: A Cultural Approach Plus NEW MyPsychLab with eText -- Access Card Package

By Jeffrey J. Arnett

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Help students understand how culture impacts development- and why it matters.

Through current research and examples of human development around the world, Arnett's *Human Development* teaches students to think culturally about their own development and see how it applies to their own lives and future careers.

New U.S. and international videos, shot in several countries, allow students to observe similarities and differences in human development across cultures. Video Guides are included in each chapter, at the end of each section. Students can quickly scan the Video Guide's "QR code" and link directly to a short video clip using their smart phone. Videos are also available on MyDevelopmentLab.

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- *Personalize Learning* — The new MyDevelopmentLab delivers proven results in helping students succeed, provides engaging experiences that personalize learning, and comes from a trusted partner with educational expertise and a deep commitment to helping students and instructors achieve their goals.
- *Engage Students* — Arnett's personal anecdotes, career and real world applications, cross-cultural examples, and in-text video scans help to engage students.
- *Improve Critical Thinking* - Students learn to think critically about the influence of culture on development. Learning objectives help students organize and understand the material covered within each section.
- *Explore Research* — "Research Focus" provides students with a firm grasp of various research methods and helps them see the impact that methods can have on research findings.
- *Understand Culture and Diversity* — By taking a cultural approach to human development, Arnett includes culture on every page and integrates culture

throughout the narrative.

- *Support Instructors* — The Arnett supplements were written and tested by a dedicated team of instructors who teach the lifespan development course and believe in the importance of taking a cultural approach to human development.

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Human Development: A Cultural Approach Plus NEW MyPsychLab with eText -- Access Card Package By Jeffrey J. Arnett Bibliography

- Sales Rank: #998216 in Books
- Published on: 2013-06-07
- Original language: English
- Number of items: 1
- Dimensions: 11.10" h x 1.20" w x 9.20" l, 3.80 pounds
- Binding: Hardcover
- 768 pages



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Editorial Review

Review

This is the best book that I have seen that genuinely integrates cross-cultural perspectives throughout the chapter while covering the content in way that is meaningful to the lives of the readers.

—RUSSELL SEARIGHT, Lake Superior State University

This text is a necessity in our diverse society. It's organized very well; one doesn't feel overwhelmed processing the information given. Visual support materials are incredibly helpful in keeping students' interest on the subject.

—VOLKAN SAHIN, Weber State University

I am most excited about how well the text is written, how cultural aspects of development have been fully integrated, and the video clips that I would incorporate into my lectures.

—MINHNOI WROBLE BIGLAN, Chatham University

It discusses developmental topics viewed from a cultural perspective in a way that is integrated—it doesn't feel tacked-on at the end—non-judgmental and balanced.

—SUSAN HALL, Pepperdine University

Today and tomorrow's teachers will have a more diverse population in their centers and we can only be effective teachers when we understand a person's cultural.

—MARLENE WELCH, Carroll Community College

I love the cross-cultural information. I believe that this text presents information that my students are not aware of in a way that is interesting and thought provoking. I think many of the cultural examples would spark an interesting class discussion. I would love to present this information in my classroom!

—LAURA RINGER, Newberry College

The integrated videos in each chapter really bring home the material so that students can really 'see' what they've learned.

—PAMELA COSTA, Tacoma Community College

About the Author

Jeffrey Jensen Arnett is a Research Professor in the Department of Psychology at Clark University in Worcester, Massachusetts. He received his Ph.D. in developmental psychology in 1986 from the University of Virginia, and did three years of postdoctoral work at the University of Chicago. From 1992-1998 he was Associate Professor in the Department of Human Development and Family Studies at the University of Missouri where he taught a 300-student lifespan development course every semester. From 1998-2005 he was a Visiting Associate Professor in the Department of Human Development at the University of Maryland. In the fall of 2005 he was a Fulbright Scholar at the University of Copenhagen in Denmark.

His primary scholarly interest for the past 10 years has been in emerging adulthood. He coined the term, and

has conducted research on emerging adults concerning a wide variety of topics, including risk behavior (especially cigarette smoking) and media use (especially music), involving several different ethnic groups in American society. He is the editor of the *Journal of Adolescent Research*, and is on the Editorial Board of 4 other journals. He was Editor-In-Chief for 2 encyclopedias published in 2007, the *International Encyclopedia of Adolescence* (Routledge, two volumes) and the *Encyclopedia of Children, Adolescents, and the Media* (Sage, two volumes). He has published many theoretical and research papers on emerging adulthood in peer-reviewed journals, as well as the books *Adolescence and Emerging Adulthood: A Cultural Approach* (2010, 4th edition, Pearson); *Emerging Adulthood: The Winding Road from the Late Teens Through the Twenties* (2004, Oxford University Press); and *Metalheads: Heavy Metal Music and Adolescent Alienation* (1996, Westview Press). He has also edited (with Jennifer Tanner) the book *Emerging Adults in America: Coming of Age in the 21st Century*, published in 2006 by APA Books.

He lives in Worcester, Massachusetts with his wife Lene Jensen and their nine-year-old twins, Miles and Paris. For more information on Dr. Arnett and his research, see www.jeffreyarnett.com.

Hear directly from the author! Click here to watch Jeff Arnett's talk on Culture and Human Development (10:59 min): www.youtube.com/watch?v=h6BQrVs3Ahw&feature=channel_video_title

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