



# Do What You Love: And Other Lies About Success and Happiness

By Miya Tokumitsu

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**Do What You Love: And Other Lies About Success and Happiness** By Miya Tokumitsu

**The American claim that we should love and be passionate about our job may sound uplifting, or at least, harmless, but *Do What You Love* exposes the tangible damages such rhetoric has leveled upon contemporary society.**

*Do you love what you do?*

This mantra is so often repeated that it has become part of the American ethos. Find a career that you're passionate about. Work hard and maintain a good attitude, be persistent, and all good things will come to you: wealth (or at least material comfort), job satisfaction, a sense of self-worth, and the happiness that comes from achieving success in a profession that you have chosen and find fulfilling.

Except, as this penetrating, fact-filled book reveals, most of these ideas are lies, and have been co-opted by corporate interests as a way to pay their employees as little as possible, and to strip away the hard-won benefits and protections that wage earners used to enjoy. After all, if you truly love what you do, pedestrian concerns about salary, health care, and retirement savings can take a back seat. Passion and devotion are what matter. Therefore, unpaid internships abound (they're *opportunities!*), full-time positions are being replaced by freelance and contract work (it's *flexible!*), and the amount of debt that one has to incur even to get in the game can be crippling.

Both a rallying cry for a disempowered workforce to reclaim its footing on the economic ladder, and an eye-opening exposé of the ways that “doing what you love” can actually make your goals less achievable, this compact, insightful, and brilliantly argued call-to-arms might just spark a much-needed workplace revolution.

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### Editorial Review

#### Review

“Miya Tokumitsu’s short, sharp and timely new book, stabs plenty of pins into today’s increasingly freelance economy.” (Joanna Scutts *Monterey County Now*)

“Tokumitsu’s book is dangerous to the establishment...her critique of Do What You Love gives workers the language to talk back.” (Amien Essif *ALTERNET*)

#### About the Author

A former Fulbright scholar, **Miya Tokumitsu** holds a PhD from the University of Pennsylvania. She is a contributing editor at *Jacobin*.

### Users Review

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Now a day people that Living in the era wherever everything reachable by match the internet and the resources included can be true or not need people to be aware of each info they get. How many people to be smart in getting any information nowadays? Of course the answer is reading a book. Reading through a book can help individuals out of this uncertainty Information especially this Do What You Love: And Other Lies About Success and Happiness book because book offers you rich facts and knowledge. Of course the details in this book hundred % guarantees there is no doubt in it everbody knows.

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amazing way makes the content inside of easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you for not hesitating having this any more or you going to regret it. This book will give you a lot of advantages than the other book have got such as help improving your expertise and your critical thinking method. So , still want to postpone having that book? If I were being you I will go to the reserve store hurriedly.

**Catharine Rosol:**

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