



# **Bodyspace: Anthropometry, Ergonomics and the Design of Work, Second Edition**

*By* **STEPHEN PHEASANT**

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This edition has been revised to bring fresh insights into the principles and practice of anthropometrics, workspace design, sitting and seating, hands and handles, ergonomics in the office, ergonomics in the home, and health and safety at work. The book's tables of anthropometric data focus on human diversity, ethnic differences, growth and development, secular trends, social class and occupation, and ageing. Key Features: \* A completely revised edition of a classic ergonomics text \* Presents a powerful account of the user-centred approach to design \* Profusely illustrated and employing tables of human dimensions, this book provides a means to execute successful ergonomic design to benefit all manufacturers, designers and users alike.

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