



You Only Live Once: A Lifetime of Experiences for the Explorer in all of us (Lonely Planet)

By Lonely Planet

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Lonely Planet: The world's leading travel guide publisher

You Only Live Once: A Lifetime of Experiences for the Explorer in All of Us is not just another bucketlist of big-ticket items. We've all heard about Venice and, yes, it is probably worth going to Italy to see its waterways, but hopefully you'll take away something more from this book: a resolve to live life to the fullest--to add a dash of *joie de vivre* to every day.

You Only Live Once will inspire readers of all ages to seize the moment, channel their inner hero, explore the world, create moments they will celebrate for years to come, and share their incredible stories. Providing suggestions for life's essential experiences for every stage of life, this eclectic gift book is the perfect manual for a life well-lived.

Anyone can sleep in a castle, sail a ship, make a music pilgrimage, and so much more. What all the book's ideas have in common is that they're starting points. They will reignite long-forgotten desires - to learn an instrument or a language - or spark new and unexpected ambitions: why shouldn't you move to Provence for a year?

When you know what's stopping you, you can start working on a solution. Perhaps this book will be as useful in helping you identify obstacles as will be for refining your month's or your year's travel experiences. Then it's time to turn to Lonely Planet's extensive travel resources and begin planning the rest of your life.

Combining stunning photography with illustrations and infographics, it will surprise and entertain with a quirky mix of experiences everyone should try at some point in their life.

'You only live once; but if you do it right, once is enough.' - Mae West

About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, as well as an award-winning website, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in.

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'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)

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You Only Live Once: A Lifetime of Experiences for the Explorer in all of us (Lonely Planet) By Lonely Planet Bibliography

- Sales Rank: #322723 in Books
- Published on: 2016-06-21
- Original language: English
- Number of items: 1
- Dimensions: 9.45" h x .79" w x 7.28" l, 1.10 pounds
- Binding: Paperback
- 336 pages



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