



# The Last Frontier: Exploring the Afterlife and Transforming Our Fear of Death

By Julia Assante

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Knowledge of the afterlife can trigger dazzling transformations in body, mind, and spirit. It unleashes our authentic selves, radically resets our values, and deepens our sense of life purpose. From it we discover that the real nature of the universe is the very essence of benevolence. In this comprehensive work, Julia Assante probes what happens when we die, approaching with scholarly precision historical and religious accounts, near-death experiences, and after-death communication. She then presents convincing evidence of discarnate existence and communication with the dead and offers practical ways to make contact with departed loved ones to heal and overcome guilt, fear, and grief.

\* Winner of a 2013 Nautilus Gold Award in the category of grieving / death & dying

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### Editorial Review

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Assante is a bit unusual. Not only is she a medium; she has a PhD from Columbia, and her focus of study is Near Eastern history. That puts her in a position to understand the death traditions of the ancient world, and, of course, as a medium, she can speak directly to the dead. Even if not every reader believes that, Assante's book offers many fascinating insights into death and dying. She covers not only near-death experiences but also discusses reincarnation, what death feels like, ways to empower yourself to "a good death," and the role of religion in death practices. There is also much here about communicating with the dead, including plenty of anecdotal evidence. The conversational style and "insider" information make this easy to read, and though skeptics might laugh, those inclined to believe will find this account both comforting and useful. And, on more of a global level, the book's concluding chapter, "What Would the World Look Like without the Fear of Death?," is insightful and thought-provoking. --Ilene Cooper

### Review

"Social historian Assante, who is also a medium, has penned what may be the most important book on the enigma of death since the groundbreaking work of Elisabeth Kübler-Ross....An outstanding read."

— ***Publishers Weekly*** (starred review)

"Throughout history, the fear of death has caused more suffering for human beings than all the physical diseases combined. You are holding in your hands the cure for this suffering. Some books transform lives. This one may transform a planet."

— **Larry Dossey, MD**, author of *Healing Words* and *The One Mind*

"A convincing glimpse of nonlocal reality, which may be the essence of our immortal being."

— **Deepak Chopra**, author of *Spiritual Solutions* and *The Seven Spiritual Laws of Success*

"*The Last Frontier* presents a brilliant combination of three categories of evidence for survival of consciousness after death — the science, the history, and personal experience....Exceptionally well grounded and accessible, it offers an important contribution to our understanding of death, dying, and beyond."

— **Dean Radin**, author of *The Conscious Universe* and *Entangled Minds*

"Unveils the afterlife as a realm of unlimited possibility, expanded awareness, and ineffable love."

— **Dianne Arcangel**, author of *Afterlife Encounters* and coauthor (with Raymond Moody) of *Life After Loss*

"Julia Assante helps us to approach death in ways that enlarge life, and to grow our ability to step between worlds and have timely and helpful contact with those who are living on the other side....She succeeds magnificently in a venture that is of urgent and essential relevance to all of us."

— **Robert Moss**, author of *The Dreamer's Book of the Dead* and *Dreaming the Soul Back Home*

### About the Author

**Julia Assante, PhD**, is both a mystic and a scholar. She has been a professional intuitive, medium, and past-life therapist for over four decades, offering workshops throughout the United States and Europe. Her accuracy in telepathy has been clinically tested at Columbia University. As a scholar, she has taught at

Columbia, Bryn Mawr, and the University of Münster (Germany) and given talks at universities worldwide.

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#### **Anthony Powell:**

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#### **Yvette Barstow:**

This The Last Frontier: Exploring the Afterlife and Transforming Our Fear of Death is new way for you who has fascination to look for some information because it relief your hunger associated with. Getting deeper

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