



# Holy Cow: An Indian Adventure

By Sarah Macdonald

Download now

Read Online ➔

## Holy Cow: An Indian Adventure By Sarah Macdonald

In her twenties, journalist Sarah Macdonald backpacked around India and came away with a lasting impression of heat, pollution and poverty. So when an airport beggar read her palm and told her she would return to India—and for love—she screamed, “Never!” and gave the country, and him, the finger.

But eleven years later, the prophecy comes true. When the love of Sarah’s life is posted to India, she quits her dream job to move to the most polluted city on earth, New Delhi. For Sarah this seems like the ultimate sacrifice for love, and it almost kills her, literally. Just settled, she falls dangerously ill with double pneumonia, an experience that compels her to face some serious questions about her own fragile mortality and inner spiritual void. “I must find peace in the only place possible in India,” she concludes. “Within.” Thus begins her journey of discovery through India in search of the meaning of life and death.

*Holy Cow* is Macdonald’s often hilarious chronicle of her adventures in a land of chaos and contradiction, of encounters with Hinduism, Islam and Jainism, Sufis, Sikhs, Parsis and Christians and a kaleidoscope of yogis, swamis and Bollywood stars. From spiritual retreats and crumbling nirvanas to war zones and New Delhi nightclubs, it is a journey that only a woman on a mission to save her soul, her love life—and her sanity—can survive.

📄 [Download Holy Cow: An Indian Adventure ...pdf](#)

📖 [Read Online Holy Cow: An Indian Adventure ...pdf](#)

# Holy Cow: An Indian Adventure

*By Sarah Macdonald*

## **Holy Cow: An Indian Adventure** By Sarah Macdonald

In her twenties, journalist Sarah Macdonald backpacked around India and came away with a lasting impression of heat, pollution and poverty. So when an airport beggar read her palm and told her she would return to India—and for love—she screamed, “Never!” and gave the country, and him, the finger.

But eleven years later, the prophecy comes true. When the love of Sarah’s life is posted to India, she quits her dream job to move to the most polluted city on earth, New Delhi. For Sarah this seems like the ultimate sacrifice for love, and it almost kills her, literally. Just settled, she falls dangerously ill with double pneumonia, an experience that compels her to face some serious questions about her own fragile mortality and inner spiritual void. “I must find peace in the only place possible in India,” she concludes. “Within.” Thus begins her journey of discovery through India in search of the meaning of life and death.

*Holy Cow* is Macdonald’s often hilarious chronicle of her adventures in a land of chaos and contradiction, of encounters with Hinduism, Islam and Jainism, Sufis, Sikhs, Parsis and Christians and a kaleidoscope of yogis, swamis and Bollywood stars. From spiritual retreats and crumbling nirvanas to war zones and New Delhi nightclubs, it is a journey that only a woman on a mission to save her soul, her love life—and her sanity—can survive.

## **Holy Cow: An Indian Adventure** By Sarah Macdonald Bibliography

- Sales Rank: #183670 in eBooks
- Published on: 2004-04-13
- Released on: 2004-04-13
- Format: Kindle eBook

 [Download Holy Cow: An Indian Adventure ...pdf](#)

 [Read Online Holy Cow: An Indian Adventure ...pdf](#)

## Editorial Review

From Publishers Weekly

Australian radio correspondent Macdonald's rollicking memoir recounts the two years she spent in India when her boyfriend, Jonathan, a TV news correspondent, was assigned to New Delhi. Leaving behind her own budding career, she spends her sabbatical traveling around the country, sampling India's "spiritual smorgasbord": attending a silent retreat for Vipassana meditation, seeking out a Sikh Ayurvedic "miracle healer," bathing in the Ganges with Hindus, studying Buddhism in Dharamsala, dabbling in Judaism with Israeli tourists, dipping into Parsi practices in Mumbai, visiting an ashram in Kerala, attending a Christian festival in Velangani and singing with Sufis. Paralleling Macdonald's spiritual journey is her evolution as a writer; she trades her sometimes glib remarks ("I've always thought it hilarious that Indian people chose the most boring, domesticated, compliant and stupidest animal on earth to adore") and 1980s song title references (e.g., "Karma Chameleon") for a more sensitive tone and a sober understanding that neither mocks nor romanticizes Indian culture and the Western visitors who embrace it. The book ends on a serious note, when September 11 shakes Macdonald's faith and Jonathan, now her husband, is sent to cover the war in Afghanistan. Macdonald is less compelling when writing about herself, her career and her relationship than when she is describing spiritual centers, New Delhi nightclubs and Bollywood cinema. Still, she brings a reporter's curiosity, interviewing skills and eye for detail to everything she encounters, and winningly captures "[t]he drama, the dharma, the innocent exuberance of the festivals, the intensity of the living, the piety in playfulness and the embrace of living day by day...the drama, the dharma, the innocent exuberance of the festivals, the intensity of the living, the piety in playfulness and the embrace of living day by day."

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

From [Booklist](#)

Australian MacDonald didn't fall in love with India her first time there, at age 21. So when her boyfriend, Jonathan, a reporter for ABC, is sent there for work, she reluctantly follows after a year of separation. At first, life in India is as bad as she remembered it--overcrowded, smoggy, disturbing. A serious bout of pneumonia puts her in an Indian hospital, but as she recovers, she begins to make friends in India and to understand the culture. She finds herself attending lavish Indian weddings and trying to comfort her friend Padma, whose mother commits suicide after Padma marries without her permission. MacDonald makes an effort to understand the many diverse religions of the area, including taking a 10-day sojourn in a Buddhist temple and discussing religion with Hindus, Sikhs, Muslims, and even a group of visiting Israelis. With Jonathan, she takes a trip to war-torn Kashmir, an area that is at once achingly beautiful and devastatingly dangerous. A lively, snappy travelogue. *Kristine Huntley*

Copyright © American Library Association. All rights reserved

Review

"A wonderfully honest and soul-searching book . . . Macdonald writes with clarity and humor about India and its many paths to enlightenment." —*Travel* (Australia)

## Users Review

From reader reviews:

**Arlie Carrillo:**

Your reading sixth sense will not betray you, why because this Holy Cow: An Indian Adventure e-book

written by well-known writer who really knows well how to make book that could be understand by anyone who also read the book. Written within good manner for you, dripping every ideas and composing skill only for eliminate your own personal hunger then you still uncertainty Holy Cow: An Indian Adventure as good book but not only by the cover but also with the content. This is one reserve that can break don't judge book by its include, so do you still needing an additional sixth sense to pick this particular!? Oh come on your reading sixth sense already told you so why you have to listening to a different sixth sense.

**Bert Martinez:**

This Holy Cow: An Indian Adventure is fresh way for you who has attention to look for some information mainly because it relief your hunger of information. Getting deeper you upon it getting knowledge more you know otherwise you who still having bit of digest in reading this Holy Cow: An Indian Adventure can be the light food for you because the information inside this kind of book is easy to get simply by anyone. These books create itself in the form which can be reachable by anyone, yep I mean in the e-book type. People who think that in e-book form make them feel sleepy even dizzy this reserve is the answer. So there is absolutely no in reading a publication especially this one. You can find what you are looking for. It should be here for you actually. So , don't miss the item! Just read this e-book type for your better life in addition to knowledge.

**Antonio Nelson:**

In this particular era which is the greater man or who has ability in doing something more are more precious than other. Do you want to become certainly one of it? It is just simple approach to have that. What you need to do is just spending your time little but quite enough to have a look at some books. Among the books in the top record in your reading list will be Holy Cow: An Indian Adventure. This book and that is qualified as The Hungry Hillside can get you closer in turning into precious person. By looking up and review this book you can get many advantages.

**Juana Kitchen:**

What is your hobby? Have you heard in which question when you got scholars? We believe that that concern was given by teacher for their students. Many kinds of hobby, All people has different hobby. And you also know that little person just like reading or as reading through become their hobby. You need to understand that reading is very important and book as to be the point. Book is important thing to increase you knowledge, except your personal teacher or lecturer. You find good news or update in relation to something by book. Many kinds of books that can you choose to adopt be your object. One of them is Holy Cow: An Indian Adventure.

**Download and Read Online Holy Cow: An Indian Adventure By Sarah Macdonald #AI32RTXHL4C**

## **Read Holy Cow: An Indian Adventure By Sarah Macdonald for online ebook**

Holy Cow: An Indian Adventure By Sarah Macdonald Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Holy Cow: An Indian Adventure By Sarah Macdonald books to read online.

### **Online Holy Cow: An Indian Adventure By Sarah Macdonald ebook PDF download**

**Holy Cow: An Indian Adventure By Sarah Macdonald Doc**

**Holy Cow: An Indian Adventure By Sarah Macdonald Mobipocket**

**Holy Cow: An Indian Adventure By Sarah Macdonald EPub**

**AI32RTXHL4C: Holy Cow: An Indian Adventure By Sarah Macdonald**