



Evidence-Based Caries Prevention

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This book aims to define the etiological factors in dental caries and to guide the clinician towards methods of caries prevention that are evidence based. The coverage includes discussion of the active role of the biofilm and the oral environment and emphasizes the multifactorial etiology of dental caries. The opening chapters describe the early detection and diagnosis of dental caries, highlight the value of caries risk assessment to the patient, and explain the dynamic process of the demineralization–remineralization cycle. Information is presented on the action of fluoride, and the evidence relating to the use and effectiveness of remineralization agents and biomimetic materials is reviewed. Additionally, the effects of antimicrobials such as chlorhexidine and ozone are summarized. Further chapters focus on dietary counseling (with information on sweeteners and probiotics), the effectiveness of sealants in caries prevention, and resin infiltration. The philosophy of prophylaxis and ways to improve patient compliance and achieve proper mechanical plaque removal are discussed. The book is concluded with a chapter discussing preventive actions in representative cases.

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Editorial Review

From the Back Cover

This book aims to define the etiological factors in dental caries and to guide the clinician towards methods of caries prevention that are evidence based. The coverage includes discussion of the active role of the biofilm and the oral environment and emphasizes the multifactorial etiology of dental caries. The opening chapters describe the early detection and diagnosis of dental caries, highlight the value of caries risk assessment to the patient, and explain the dynamic process of the demineralization–remineralization cycle. Information is presented on the action of fluoride, and the evidence relating to the use and effectiveness of remineralization agents and biomimetic materials is reviewed. Additionally, the effects of antimicrobials such as chlorhexidine and ozone are summarized. Further chapters focus on dietary counseling (with information on sweeteners and probiotics), the effectiveness of sealants in caries prevention, and resin infiltration. The philosophy of prophylaxis and ways to improve patient compliance and achieve proper mechanical plaque removal are discussed. The book is concluded with a chapter discussing preventive actions in representative cases.

About the Author

Ece Eden, DDS, MSc, PhD, is Head of the Department of Pediatric Dentistry at the School of Dentistry, Ege University, İzmir, Turkey. Dr. Eden studied at Ege University and was appointed Associate Professor there in 2000 and Professor in 2006. She has also lectured at Radboud University, Nijmegen, the Netherlands through the Erasmus Staff Mobility Programme. Dr. Eden's research interests include preventive dentistry, minimal intervention dentistry, and dental trauma. She served as a member of the Turkish Dental Association's Public Dental Health Commission during 2000–2002 and 2008–2010 and is current head of the Public Dental Health Commission of İzmir Dentistry Chamber. Dr. Eden has been an invited speaker at congresses in Egypt, China, South Korea, the Philippines, and India and has delivered more than 50 presentations at national and international meetings. She is the author of 38 articles in English and 30 articles in Turkish and recently translated the book *Traumatic Dental Injuries – A Manual*, 3rd edn (Andreasen JO et al, eds; Vestiyer Yayın Grubu, İstanbul).

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